

LADY CATS SUMMER BASKETBALL
CAMP 2023
MAY 30TH, 31ST, & JUNE 1ST
INCOMING GIRLS IN GRADES 3RD THRU 8TH

Camp Focus & Features

This camp helps develop the fundamental skills of each basketball player. Our coaching staff & current players will provide detailed instruction on ball handling, shooting, passing, dribbling, footwork, defense, and rebounding. Campers will participate in league games, along with individual competitions. Any girl entering grades 3rd thru 8th in the fall of 2023 is eligible to attend. All campers will receive a free camp t-shirt.

Sample Day

- Individual skill development—shooting, passing, cutting, defense, ball-handling, rebounding
- Defensive footwork & strategy
- Shooting footwork & form drills
- 3 on 3 and/or 5 on 5 games

Multi-Sport Athletes – June 1st we want to celebrate you!

We're all on the same "team" at SCHS and we would love for all of our athletes to play multiple sports! On Thursday, June 1st the girls' basketball and volleyball teams will be providing lunch and entertainment for our multi-sport athletes who are attending both basketball & volleyball camp. Volleyball camp at SCHS will be held on June 1st & 2nd from 12:30 – 2:30 p.m. Athletes must complete both registration forms, but plan to stay between camps and see what being an athlete is all about!

Return Camp Registration and Payment to:

Megan Kessler, Head Girls B.B. Coach
Salem Community High School
1200 North Broadway
Salem, IL 62881

Fill out ONE form per camper and return the bottom portion to complete your registration

Select Date/Time & Make Checks Payable To: SCHS

Incoming Grades 3rd, 4th, 5th

_____ \$40—May 30th 8:00 - 9:45 a.m.
 May 31st 8:00 - 9:45 a.m.
 June 1st 8:00 - 11:00 a.m.

Incoming Grades 6th, 7th, 8th

_____ \$40—May 30th 10:00 - 12:00 p.m.
 May 31st 10:00 - 12:00 p.m.
 June 1st 8:00 - 11:00 a.m.

**\$10.00 Discount for 2 or more from same family

Camper's Name: _____

Home Phone: _____

Date of Birth: _____

Work Phone: _____

Parent's Name: _____

Cell Phone: _____

Address: _____

Grade Just Completed: _____

City: _____

Grade School Attended: _____

Please Circle T-Shirt Size: Youth - YSm YMed YLg or Adult - ASm AMed ALg AXL

Medical Release Form: MUST be completed!

We, _____ hereby consent to the participation of _____ in the summer girls basketball program conducted by Megan Kessler and her staff. We hereby release Megan Kessler, staff, and Salem Community High School from any and all liability arising from participation. We agree to accept all responsibility for any accident or injury incurred by our daughter while engaged in these activities.

Dated this _____ day of _____, 2023 _____ (Signature)